



| Month | Course | Days | Date | Time | Duration |
|-------|---------------------------|-----------------------------|-------------------------|---------------|----------|
| JUNE | REMEDIAL SPORTS | Mon, Tues, Wed, Thurs, Fri | 1, 2, 3, 4, 5 Jun | 9:30 – 12:30 | 5 days |
| | *CUPPING WORKSHOP | Mon, Tues, Wed | 8, 9, 10 Jun | 9:30 – 13:30 | 3 days |
| | *UPPER BACK CARE CLINIC | Thurs | 4 Jun | 9:30 – 14:00 | 1 day |
| | *LOWER BACK CLINIC | Fri | 5 Jun | 9:30 – 14:00 | 1 day |
| | MANUAL LYMPH DRAINAGE | Wed, Thurs, Fri & Mon, Tues | 17, 18, 19 & 22, 23 Jun | 9:30 – 12:30 | 5 days |
| | *DETOX BODY WRAPPING | Wed, Thurs | 24, 25 Jun | 9:30 – 12:30 | 2 days |
| | *EXTERNAL COLONIC CLEANSE | Thurs | 25 Jun | 13:00 – 16:00 | 1 day |
| | *STRETCHING WORKSHOP | Fri | 26 Jun | 9:30 – 14:00 | 1 day |
| JULY | SWEDISH | Mon, Tues, Wed, Thurs, Fri | 6, 7, 8, 9, 10 Jul | 9:30 – 12:30 | 5 days |
| | BALINESE | Mon | 13 Jul | 9:30 – 12:30 | 1 day |
| | HOT STONE | Wed, Thurs, Fri | 15, 16, 17 Jul | 9:30 – 12:30 | 3 days |
| | REFLEXOLOGY | Mon, Tues, Wed, Thurs, Fri | 20, 21, 22, 23, 24 Jul | 9:30 – 12:30 | 5 days |
| | PREGNANCY | Wed, Thurs | 29, 30 Jul | 9:30 – 12:30 | 2 days |
| | **BABY/TODDLER MASSAGE | Fri | 31 Jul | 9:30 – 12:30 | 1 day |

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| AUGUST | REMEDIAL SPORTS | Tues, Wed, Thurs, Fri & Mon, Tues | 11, 12, 13, 14 & 17, 18 Aug | 9:30 – 12:30 | 6 days |
| | MANUAL LYMPH DRAINAGE | Wed, Thurs, Fri & Mon, Tues | 19, 20, 21 & 24,25 Aug | 9:30 – 12:30 | 5 days |
| | *BAMBOO | Wed, Thurs, Fri | 26, 27, 28 Aug | 9:30 – 12:30 | 3 days |
| SEPTEMBER | SWEDISH | Wed, Thurs, Fri & Mon, Tues | 9, 10, 11 & 14, 15 Sept | 9:00 – 12:00 | 5 days |
| | REFLEXOLOGY | Thurs, Fri & Mon, Tues, Wed, Thurs | 17, 18 & 21, 22, 23, 24 Sept | 9:00 – 12:00 | 6 days |
| | HOT STONE | Fri & Mon, Tues | 18 & 21, 22 Sept | 13:00 – 16:00 | 3 days |
| | AROMATHERAPY BLENDING | Fri | 25 Sept | 9:00 – 14:00 | 1 day |
| OCTOBER | BALINESE | Fri | 2 Oct | 9:00 – 12:00 | 1 day |
| | REMEDIAL SPORTS | Tues, Wed, Thurs, Fri & Mon, Tues | 6, 7, 8, 9 & 12, 13 Oct | 9:00 – 12:00 | 6 days |
| | MANUAL LYMPH DRAINAGE | Wed, Thurs, Fri & Mon, Tues | 7, 8, 9 & 12, 13 Oct | 13:00 – 16:00 | 5 days |
| | *CUPPING WORKSHOP | Mon, Tues, Wed | 26, 27, 28 Oct | 9:00 – 12:00 | 3 days |
| | *STRETCHING WORKSHOP | Fri | 30 Oct | 9:00 – 14:00 | 1 day |
| NOVEMBER | *UPPER BACK CARE CLINIC | Mon | 2 Nov | 9:00 – 14:00 | 1 day |
| | *LOWER BACK CLINIC | Tues | 3 Nov | 9:00 – 14:00 | 1 day |
| | SWEDISH | Wed, Thurs, Fri & Mon, Tues | 4, 5, 6 & 9, 10 Nov | 9:00 – 12:00 | 5 days |
| | REFLEXOLOGY | Thurs, Fri & Mon, Tues, Wed, Thurs | 12, 13 & 16, 17, 18, 19 Nov | 9:00 – 12:00 | 6 days |
| | HOT STONE | Thurs, Fri & Mon | 12, 13, 16 Nov | 13:00 – 16:00 | 3 days |
| | *DETOX BODY WRAPPING | Tues, Wed | 17, 18 Nov | 13:00 – 16:00 | 2 days |
| | *EXTERNAL COLONIC CLEANSE | Thurs | 19 Nov | 13:00 – 16:00 | 1 day |

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| DECEMBER | LOMI-LOMI | Tues, Wed, Thurs, Fri | 8, 9, 10, 11 Dec | 9:00 – 12:00 | 4 days |
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Gauteng - Centurion Part-time Class Schedule

2026

| Month | Course | Days | Date | Time | Duration |
|-----------|-----------------------|-----------|--------------------------|---------------|------------|
| SEPTEMBER | SWEDISH | Sat & Sun | 12, 13, 19, 20, 26 Sept | 9:00 – 12:00 | 2.5 weeks |
| | HOT STONE | Sun & Sat | 13, 19, 20 Sept | 13:00 – 16:00 | 1.5 weeks |
| | BALINESE | Sat | 26 Sept | 13:00 – 16:00 | 1 day |
| | AROMATHERAPY BLENDING | Sun | 27 Sept | 9:00 – 14:00 | 1 day |
| OCTOBER | REFLEXOLOGY | Sat & Sun | 10, 11, 17, 18, 24 Oct | 9:00 – 12:00 | 2, 5 weeks |
| | PREGNANCY | Sat & Sun | 10, 11 Oct | 13:00 – 16:00 | 2 days |
| | MANUAL LYMPH DRAINAGE | Sat & Sun | 17, 18, 24, 25, 31 Oct | 13:00 – 16:00 | 2.5 weeks |
| | REMEDIAL SPORTS | Sun & Sat | 25, 31 Oct & 1, 7, 8 Nov | 9:00 – 12:00 | 2.5 weeks |
| NOVEMBER | *CUPPING WORKSHOP | Sun & Sat | 1, 7, 8 Nov | 13:00 – 16:00 | 1.5 weeks |
| | *BAMBOO | Sat & Sun | 14, 15 Nov | 9:00 – 14:00 | 2 days |

****There will only be full-time Lomi-Lomi in December – no part-time.**

| Month | Course | Days | Date | Time | Duration |
|----------|---------------------------|----------------------------|--------------------------|---------------|----------|
| FEBRUARY | SWEDISH | Mon, Tues, Wed, Thurs, Fri | 23, 24, 25, 26, 27 Feb | 9:00 – 12:00 | 5 days |
| | REFLEXOLOGY | Mon, Tues, Wed, Thurs, Fri | 23, 24, 25, 26, 27 Feb | 13:00 – 16:00 | 5 days |
| | LOMI-LOMI | Mon, Tues, Wed, Thurs, Fri | 23, 24, 25, 26, 27 Feb | 16:30 – 19:00 | 5 days |
| AUG/SEPT | REMEDIAL SPORTS | Mon, Tues, Wed, Thurs, Fri | 31 Aug & 1, 2, 3, 4 Sept | 9:00 – 12:00 | 5 days |
| | MANUAL LYMPH DRAINAGE | Mon, Tues, Wed, Thurs, Fri | 31 Aug & 1, 2, 3, 4 Sept | 13:00 – 16:00 | 5 days |
| | *CUPPING WORKSHOP | Wed, Thurs, Fri | 2, 3, 4 Sept | 16:30 – 19:30 | 3 days |
| NOVEMBER | SWEDISH | Mon, Tues, Wed, Thurs, Fri | 23, 24, 25, 26, 27 Nov | 9:00 – 12:00 | 5 days |
| | REMEDIAL SPORTS | Mon, Tues, Wed, Thurs, Fri | 23, 24, 25, 26, 27 Nov | 13:00 – 16:00 | 5 days |
| | BALINESE | Mon | 23 Nov | 16:30 – 19:30 | 1 day |
| | *BAMBOO | Tues, Wed, Thurs | 24, 25, 26 Nov | 16:30 – 19:30 | 3 days |
| DECEMBER | REFLEXOLOGY | Mon, Tues, Wed, Thurs, Fri | 30 Nov, 1, 2, 3, 4 Dec | 9:00 – 12:00 | 5 days |
| | MANUAL LYMPH DRAINAGE | Mon, Tues, Wed, Thurs, Fri | 30 Nov, 1, 2, 3, 4 Dec | 13:00 – 16:00 | 5 days |
| | *DETOX BODY WRAPPING | Tues, Wed | 1, 2 Dec | 16:30 – 19:30 | 2 days |
| | *EXTERNAL COLONIC CLEANSE | Thurs | 3 Dec | 16:30 – 19:30 | 1 day |

Terms & Conditions:

- Maximum of 12 students per class – **LIMITED SPACES** -Book Early.
- Specialized courses with * **CHECK PRE-REQUISITE** courses required.
- Morning, Afternoon & Evening Classes – **CHECK THE TIMES**
- Allocate extra time for classes.
- This schedule is **SUBJECT TO CHANGE** in accordance with School Operational Needs – you will be notified of changes.
- Stay updated with schedules – Visit www.massagetcourses.co.za
- **CANCELLATION FEE** payable for last minute changes – minimum 2-week notice
- **RE-SCHEDULING** of classes is allowed, with sufficient notice.

Thank you

Balancingtouch Management